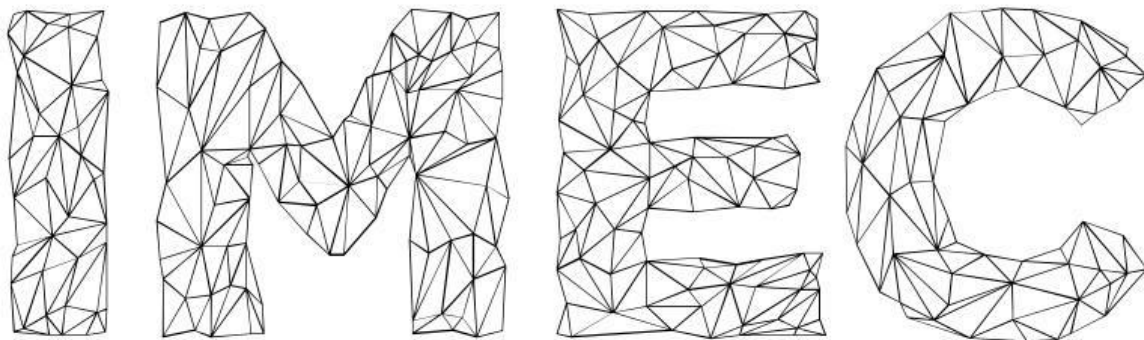




**CREST**

Centre for Research in Social and Psychological Transformation



**INTERNATIONAL MEANING CONFERENCE**  
**JOINING FORCES IN PRACTICE AND RESEARCH**  
**LONDON 30 JUNE – 2 JULY 2017**

## **CONFERENCE OVERVIEW**



## Conference programme

### Pre-conference workshops 30 June:

**What to do in practice? Sharing expertise and exercises for practitioners (NB: all workshops are included in the total conference fee)**

Time	Room	Activity	Workshop leader
0900 0955	G001	Coffee & tea on arrival	
<b>Workshops (part 1)</b>			
1000 1230	G070	Working with goals in counselling and psychotherapy	Mick Cooper
	G071	Existential therapy and the retrieval of meaning	Emmy van Deurzen
	Gilbert	The meaning finding method in coaching and counselling (Full day workshop).	Alfried Längle
1230 1330	G001	Lunch	
<b>Workshops (part 2)</b>			
1330 1600	G070	Meaning-centered therapy in groups for physical disease	Joel Vos
	G071	Meaning-oriented grief therapy	Edith Steffen & Inês Mendes
	Ponsonby	Tools for Building Meaningful Work - for Yourself and Your clients	Michael Steger
	Bessborough Gilbert	Integrative Meaning Therapy: Empirical Support & Efficacy (continue) The meaning finding method in coaching and counselling (full day workshop).	Paul Wong Alfried Längle
1600 16.30	G001	Coffee & tea break	
1630 1700	Gilbert	Panel discussion & formulation of conference statement: <b><i>“What are the most significant features of meaning-centred practices – based on today’s workshop(s) and your prior experience?”</i></b>  Before this session starts, delegates can put post-its with ideas on the post-its wall; these post-its will be summarised during this session.	Organisers: Joel Vos; Edith Steffen  Panel: all workshop facilitators of today
1800	G001	Conference opening & drinks	Joel Vos (conference chair)

## Plenary Day 1: Saturday 1<sup>st</sup> July

### How to do it? Sharing evidence-based knowledge and best-practice experiences

Time	Room	Activity	Chair or speaker
0930 0950	Gilbert	Opening by Conference Chair	Joel Vos
0950 1030	Gilbert	Meaningful practices: what do we know about their empirical foundations? An overview of evidence-based practices.	Joel Vos
1030 1045	Gilbert	<b>Coffee &amp; tea break</b>	
1045 1130	Gilbert	What is existential competence? Why do we need it in therapy?	Paul Wong
1130 1215	Gilbert	Getting at meaning and meaning making: interpretative phenomenological analysis	Jonathan Smith
1215 1300	G001	<b>Lunch &amp; poster viewing</b>	
1300 1345	Gilbert	The prerequisites to find personal meaning	Alfried Längle
1345 1430	Gilbert	What are the meanings that set us on fire? Existential therapy and the philosophy of life	Emmy van Deurzen
<b>Parallel sessions</b>			
1430 1545	G070	<b>ROOM 1: PHENOMENOLOGICAL &amp; EXPERIENTIAL COMPETENCES &amp; RESEARCH</b> <ul style="list-style-type: none"> <li>· <i>Siebrecht Vanhooren</i> - Meaning in Experiential-existential Psychotherapy: The Body makes Sense</li> <li>· <i>Tony Wilson</i> - Interpretative Phenomenological Analysis (IPA): Philosophy for a Theoretical Framework</li> <li>· <i>John Rae</i> - Conversation Analysis and clients' experiences</li> </ul>	Chair: Carmel Proctor
	G071	<b>ROOM 2: MEANING-MAKING COMPETENCES (pt.1)</b> <ul style="list-style-type: none"> <li>· <i>Megumi Fieldsend</i> – “You’re gonna die, never having experienced having a baby”: an Interpretative Phenomenological Analysis of the experience of involuntary childlessness</li> <li>· <i>Kirsty Gardiner</i> - Why we need to talk: Deriving meaning in interpersonal communication.</li> <li>· <i>Evalyne Thauvoye</i> - Spirituality as an important source for meaning in life: Revealing the unique relation between the separate spirituality and meaning dimensions.</li> <li>· <i>Shizuka Modica</i> - Development and Validation of the Meaning-of-Work Theory for High Performance</li> </ul>	Chair: Mick Cooper
	Gilbert	<b>ROOM 3: COMPETENCES WORKING WITH PHYSICAL DISEASE</b> <ul style="list-style-type: none"> <li>· <i>Diego Vitali</i> - The role of acceptance and meaning-in-life in psychological therapies of chronic pain: lessons from the perspective of patients</li> </ul>	Chair: Joel Vos

		<ul style="list-style-type: none"> <li>· <i>Esther Ingham</i> - Systematic review of studies exploring what 'being-in-the-world' entails as an individual with a Spinal Cord Injury: 1st person narrative accounts.</li> <li>· <i>Laura Dewitte</i> - What and how can we learn about meaning from Alzheimer patients? Questioning cognitive assumptions and reductionist approaches</li> <li>· <i>Vos &amp; Hutchinson</i> - Meaning in cardiovascular disease: a systematic literature review and a pilot study of meaning-centered therapy.</li> </ul>	
1545 1600	G001	<b>Coffee &amp; tea break</b>	
<b>Parallel sessions</b>			
1600 1715	G070	<b>ROOM 1: MEANING-MAKING COMPETENCES (pt.2)</b> <ul style="list-style-type: none"> <li>· <i>Carmel Proctor, Roger G Tweed, Daniel Morris</i> - The Naturally Emerging Structure of Well-Being</li> <li>· <i>Elias Tsakanikos</i> - Making the meaningless meaningful: The role of uncertainty and individual differences in the perception of meaning from random strings of letters</li> <li>· <i>Diego Vitali, Greta Cecutti, Lauren Sayers, David Winter</i> - Constructivist methods and Existential therapy: exploring how clients change in therapy from a constructivist perspective</li> </ul>	Chair: Piers Worth
	G071	<b>ROOM 2: COMPETENCES WORKING WITH PALLIATIVE CARE, DEATH AND GRIEF</b> <ul style="list-style-type: none"> <li>· <i>Christian Schulz-Quach</i> - Naming death - a metasynthesis of the meaning of death confrontation in health care professionals</li> <li>· <i>Claire Vowell &amp; Edith Steffen</i> - Meaning-oriented group grief therapy: A mixed-methods pilot intervention study.</li> </ul>	Chair: Inês Mendes
	Gilbert	<b>ROOM 3: MINDFULNESS COMPETENCES: WORKSHOP</b> Meaning in Life, Marginalization, and Mindfulness: A mixed methods study	Zvi Bellin
1715 1745	Gilbert	<b>Panel discussion &amp; formulation of conference statement:</b> “How can we effectively help others live a meaningful life: what do we know from practice and research?”  Before this session starts, the audience can put post-its with ideas on the post-it wall; these post-its will be summarised during this session.	Organisers: Carmel Proctor, Edith Steffen, Joel Vos
1930	The Telegraph	Dinner. Telegraph - Putney Heath, SW15 3TU (MUST BE BOOKED 1 WEEK IN ADVANCE)	Uber or taxi to be booked independently

## Plenary Day 2: Sunday 2<sup>nd</sup> July

### How to apply meaning-centred knowledge in practice: implications for social justice & cultural diversity, companies & health services

Time	Room	Activity	Chair or speaker
0815 0915	G070	Morning mindfulness session	Mark Maclean
0930 0945	Gilbert	Opening	Joel Vos
0945 1045	Gilbert	Wise Therapy about Meaning and Purpose: 2017 Reboot	Tim LeBon
1045 1100	Gilbert	<b>Coffee &amp; tea break</b>	
1100 1145	Gilbert	Mindfulness, your torchlight when you seek meaning in the dark	Itai Ivtzan
1145 1230	Gilbert	Using Meaning in Life Surveys in Applied Practice: Evidence and Recommendations	Michael Steger
1230 1315	G001	<b>Lunch &amp; poster viewing</b>	
1315 1400	Gilbert	Virtue Healing Meets Positive Psychology: New potential for 'meaning-making' in the synergy between two disciplines	Piers Worth
1400 1445	Gilbert	The personal is still political: Questions of meaning in personal, social and political change	Martin Milton
<b>Parallel sessions</b>			
1445 1600	Gilbert	<b>ROOM 1: SOCIAL JUSTICE &amp; DIVERSITY</b> <ul style="list-style-type: none"> <li>· <i>Nancy Liscano</i> - Application of Logotherapy in Working with Individuals and Families Experiencing the Syndrome of Migrants with Extreme Migratory Mourning Impact</li> <li>· <i>Claudia F. Ezraelian</i></li> <li>· <i>Kerry Manera</i> - Making Meaning of Identity &amp; Role: An IPA study of women's experience from a Counselling Psychology perspective</li> </ul>	Chair: Martin Milton
	G070	<b>ROOM 2: EMPLOYEE ENGAGEMENT AND ORGANISATIONAL EFFECTIVENESS SYMPOSIUM</b> <ul style="list-style-type: none"> <li>· <i>Shizuka Modica</i>: Meaning in life of helping professionals in Hong Kong: Associations with their perceived self-competence in death work</li> <li>· <i>Alice Ballantine Dykes, Sharon McCormick</i>: How Do You Solve a Problem Like 'Engagement'? Creating the Right Conditions for Meaningful Work.</li> <li>· <i>Gordon Medlock</i>: The Magic of Aligning Individual and Organizational Higher Purpose: A Case Study of Practices to Enhance Employee Engagement, Relationality, Transparency, and Accountability</li> <li>· <i>Luis A. Marrero</i>: Engagement: Meaning, Meaningful &amp; Important</li> <li>· <i>Shizuka Modica</i>: Decoding How High Performers Make Meaning in Their Work</li> </ul>	Chair: Self-Organised

		<ul style="list-style-type: none"> <li>· <i>Ken Howard</i>: The Role of Transcendent Meaning in Entrepreneurial Organizations: Stories of Self-Guiding Startup Faith Communities and Businesses</li> </ul>	
	G071	<b>ROOM 3: MEANINGFUL WORK WORKSHOP</b> Katie Bailey - What makes work meaningful or meaningless?	Chair: Tim LeBon
	PONSONBY	<b>ROOM 4: MEANING IN DIFFERENT CONTEXTS</b> <ul style="list-style-type: none"> <li>· <i>Christopher Wurm</i> – Integrating meaning-centred assessment and treatment with public policy and primary care: examples from substance use</li> <li>· <i>Lennart Kolenberg</i> – Meaningful music: meaning in writing, playing and listening to music</li> <li>· <i>Roger Bretherton</i> – Humble Leadership and Meaningful Work in Higher Education</li> <li>· <i>Patricia Santibáñez Fernández</i> – ‘What hurts and worries us’: The meaning of autism from the perspective of the family.</li> </ul>	
1600 1615	G001	<b>Coffee &amp; tea break</b>	
<b>Parallel sessions</b>			
1615 1730	G070	<b>ROOM 1: MEANING IN CHINA SYMPOSIUM</b> <ul style="list-style-type: none"> <li>· <i>Chan Wallace Chi Ho</i> - Meaning in life of helping professionals in Hong Kong: Associations with their perceived self-competence in death work.</li> <li>· <i>Ching-Wen Chang</i> - Help-Seeking in the Chinese Culture</li> <li>· <i>Ching Man Lam</i> - Meaning of parenthood among Chinese parents in Hong Kong: Themes discerned in a quality study</li> <li>· <i>Siu-ming To</i> - Meaning in life and existential anxiety among Chinese adolescents living in Hong Kong: Implications for meaning-oriented youth counselling and youth development programmes</li> </ul>	Chair: Self-Organised
	G071	<b>ROOM 2: WORKSHOP: LEADING MEANINGFULLY FOR HIGH PERFORMANCE</b> Shizuka Modica - Leading Meaningfully for High Performance	Shizuka Modica
	PONSONBY	<b>WORKSHOP: COACHING FOR A MEANINGFUL MEANING</b>	Luis A. Marrero
	Gilbert	<b>ROOM 3: CRITICAL DEBATE SESSION:</b> <i>Del Loewenthal</i> - Is it time for existential practitioners to think more critically about how much we are caught up with individualism, pseudoscience, and the language of medicine?	Chair: Edith Steffen
1730 1755	Gilbert	<b>Panel &amp; audience discussion:</b> “How can we bring meaning-centred knowledge into different practice contexts?”  Before this session starts, the audience can put post-its with idea on the post-it wall; these post-its will be summarised during this session.	Organisers: Edith Steffen; Joel Vos  Panel: all key note speakers from today
1755 1800	Gilbert	Conference closure & IMEC student presentation award	Joel Vos
1900	King’s Head Pub	<b>Drinks &amp; food in the King’s Head (at own expenses)</b> <b>Kings Head Pub - 1 Roehampton High St</b>	



## **General conference information:**

Our conference volunteers will be available throughout the duration of the event to assist and answer any conference queries you may have. They will be wearing green identification lanyards.

### **Social media**

Facebook: The general Facebook profile is International Meaning Conference London. Please feel free to share your experiences.

Twitter: The Twitter account is @meaningroe. Feel free to share anything.

The hashtag for the conference will be **#IMECLondon**

### **Venue & organisation**

#### **Gates**

All gates on the campus will be closed from 7pm. Gates can be opened by speaking to Security via intercom in the gate posts.

#### **Parking**

Cars can be parked at the campus of Whitelands College or outside the campus in the neighbourhood. Please be aware that the gates will close at 7pm. The gates to the side entrance can be opened by speaking to the security via the intercom.

#### **Smoking**

Smoking is not allowed anywhere in the building. In front of Whiteland's College, there is a smokers' area.



